

Rodney Sholty, MD, ABFM, AAFP, TAFP, CLCP

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Professional Summary

Board-certified Family Medicine physician (ABFM) and Certified Physician Life Care Planner (ICHCC) with 25+ years of high-acuity clinical experience in emergency medicine, hospitalist care, critical care transport, and rural/underserved settings. Current Medical Director of Pinnacle Life Care Planning, where I author comprehensive, evidence-based life care plans for catastrophic injuries and complex disabilities—bridging acute inpatient medicine with long-term medico-legal needs, future damages projections, and reports designed to withstand Daubert/Frye challenges. Proven leader as founder and President of APEX Precision Health PLLC (SDVOSB-certified physician-owned practice) and multiple medical directorships. JD-Next Contract Law completer (July 2024). Seeking Law School's Online J.D. to deepen legal analysis, evidentiary standards, damages evaluation, and advocacy skills that will strengthen life care planning, expert testimony, and interdisciplinary healthcare-law practice.

Education

JD-Next Contract Law Course & Exam July 2024

Rural Family Medicine Residency (Chief Resident) University of Nevada Las Vegas, Department of Family Medicine, 2015–2018 • Managed scheduling, teaching, and patient care in urban/rural inpatient and ED settings, including seamless ED-to-hospitalist transitions.

Doctor of Medicine Caribbean Medical University (2014); St. Martinus University (2011); University of Medicine and Health Sciences (2010)

Registered Nurse Excelsior College, 2006

Paramedic Mt. San Antonio College, 1995

Professional Experience

Pinnacle Life Care Planning, Austin, TX Medical Director & Certified Physician Life Care Planner November 2025 – Present • Direct comprehensive, evidence-based life care planning for individuals with catastrophic injuries, chronic illnesses, and complex disabilities, creating medically authoritative, lifelong roadmaps that integrate acute inpatient needs with post-discharge legal and financial requirements. • Conduct in-depth record review, clinical analysis, vendor/U&C pricing research, and report preparation; collaborate with attorneys on Daubert/Frye defense and testimony readiness. • Bridge healthcare, legal, and financial stakeholders to ensure future medical, therapeutic, and supportive needs are fully funded and predictable.

APEX Precision Health PLLC, Austin, TX Medical Director & President (Founder) January 2026 – Present • Founded and lead physician-owned PLLC specializing in rural and emergency medicine services, hospital staffing, trauma care, and critical interventions; SDVOSB-certified for federal contracts. • Oversee transferred DBAs including Ascent Medical Clinic (full-service family medicine) and Dive

with a Doc (medical escort and dive medicine services) while maintaining full compliance with Texas Corporate Practice of Medicine doctrine.

Aransas County Detention Center, Aransas County, TX Medical Director July 2025 – Present •

Direct all medical services for inmates, operating a full-service family medicine clinic with pharmaceutical resources, specialist referrals, mental health support, and continuity-of-care planning in a high-needs correctional environment.

Corpus Christi Medical Center, Corpus Christi, TX Emergency Department Provider September 2022 – Present •

Deliver full-spectrum acute and emergency care in a 416-bed facility recognized in the Top 5% nationally for patient safety excellence (Healthgrades), managing cardiac, orthopedic, neuroscience, and trauma cases in a 24-hour ED with advanced diagnostics and surgical support. • Coordinate multidisciplinary inpatient care, discharge planning, and transitions with hospitalists, specialists, and case managers.

Additional Leadership Roles Zia Rural Physicians Group LLC DBA Ascent Medical Clinic

(Owner, Medical Director) Nevada, Texas, and Hawaii | November 2019 – Present • Built and direct multi-state rural and emergency medicine practice providing locum tenens coverage, family medicine clinics, hospitalist services, and ED staffing across underserved areas.

Concord Medical Group (Hospitalist & ED Provider) Moore County Hospital & Reeves County

Hospital, TX | January 2021 – April 2022 • Provided hospitalist and emergency care in Level 4 trauma centers (25-bed critical access hospitals).

Lubbock Heart and Surgical Hospital (ED Provider & Hospitalist) Lubbock, TX | April 2022 – 2023

• Managed cardiac-focused ED, post-surgical ICU/critical care, procedures, and discharge planning.

Tribal Emergency Medicine – Alamo Navajo Federal Indian Reservation Family Medicine/Urgent Care Provider | June 2019 – January 2020

Prior Clinical & Leadership Experience (Selected) • Senior RN Rounding Nurse / Hospitalist Support, United Health Group, Las Vegas, NV (2007–2010) • Program Director & Chief Flight Nurse, Life Guard International, Las Vegas, NV (2014–2018) – Led aeromedical transport program, staff management, compliance, and budget oversight. • Critical Care Transport Nurse & ED RN roles supporting inpatient transitions (2012–2013)

Licensure & Board Certification

• Texas Medical License (Active) • Hawaii Medical License (Active) • Interstate Medical Licensure Compact (Active 2024): Colorado, Montana, Wyoming, Nevada, Idaho, Arizona • American Board of Family Medicine (ABFM), 2018–Present

Certifications (All Current)

• Certified Physician Life Care Planner (CLCP), International Commission on Health Care Certification (ICHCC) • Advanced Trauma Life Support (ATLS), • Advanced Cardiac Life Support (ACLS), Pediatric Advanced Life Support (PALS), Advanced Life Support Obstetrics (ALSO), Basic Life Support (BLS), Neonatal Resuscitation Provider (NRP)

Military Service

U.S. Navy Reserve, Hospital Corpsman (HM2/E-5), 2004–2008 • Led medical readiness for ~200 Marines; completed Non-Commissioned Officer courses and Tactical Emergency Medicine Training.

Publications

Sholty R (co-author). “Providers Use Algorithmic Approach to Manage Traumatic Airway.” *Journal of Emergency Medical Services*, April 2012.

Professional Associations

- American Academy of Family Physicians, 2015–Present
- Texas Medical Association, 2020–Present

References and full supporting documentation (NPI, licenses, CLCP certificate, CV addenda) available upon request.